

## Exercices pour travailler les gammes:

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### **Introduction:**

Dans ce dossier vous allez étudier une série (non exhaustive) d'exercices pour travailler les gammes.

Tous les exercices sont écrits en se servant de la gamme Majeure de Do et ils sont écrits pour une basse 4 cordes.

**Les chiffres de couleur bleue correspondent aux doigts de la main qui est sur le manche: 1 = index / 2 = majeur / 3 = annulaire / 4 = auriculaire.**

Sous chaque exercice vous avez accès à lien URL pour ouvrir un playback audio (basse + batterie)

Vous pouvez reprendre le principe de chaque exercice pour travailler d'autres gammes Majeures et d'autres types de gammes (mineures, pentatoniques, etc..) pour vous aidez à visualiser d'autres gammes cliquez sur [ce lien](#).

Vous n'êtes pas obligés de travailler tous les exercices pour toutes les gammes, que chacun prenne ce dont il a besoin et ce sera très bien comme ça.

Bon courage à tous!

## Mouvements ascendants et descendants:

### Sur 1 octave:

Exercise 'Sur 1 octave' in 4/4 time, bass clef. The exercise consists of two measures. The first measure contains an ascending scale from G2 to G3 (half note), with fingerings 2, 4, 1, 2, 4, 1, 3, 4. The second measure contains a descending scale from G3 to G2 (half note), with fingerings 4, 3, 1, 4, 2, 1, 4, 2. The bottom staff shows the corresponding fret numbers: 3, 5, 2, 3, 5, 2, 4, 5 for the first measure and 5, 4, 2, 5, 3, 2, 5, 3 for the second measure.

Playback

### Sur 2 octaves:

Exercise 'Sur 2 octaves' in 4/4 time, bass clef. The exercise consists of two measures. The first measure contains an ascending scale from G2 to G4 (half note), with fingerings 1, 3, 1, 2, 4, 1, 1, 2. The second measure contains a descending scale from G4 to G2 (half note), with fingerings 4, 1, 2, 4, 1, 3, 4. The bottom staff shows the corresponding fret numbers: 8, 10, 12, 13, 15, 12, 14, 15 for the first measure and 17, 14, 15, 17, 14, 16, 17 for the second measure. An '8va' label with a dashed line indicates the two-octave span.

Exercise 'Sur 2 octaves' in 4/4 time, bass clef. The exercise consists of two measures. The first measure contains an ascending scale from G2 to G4 (half note), with fingerings 4, 3, 1, 4, 2, 1, 4, 2. The second measure contains a descending scale from G4 to G2 (half note), with fingerings 1, 1, 4, 2, 1, 3, 1. The bottom staff shows the corresponding fret numbers: 17, 16, 14, 17, 15, 14, 17, 15 for the first measure and 14, 12, 15, 13, 12, 10, 8 for the second measure. An '8va' label with a dashed line indicates the two-octave span.

Playback



**Sur tout le manche:**

8<sup>va</sup>

The image shows a guitar exercise titled "Sur tout le manche:" (Over the whole fretboard). It consists of two systems of musical notation, each with a treble and bass staff. The key signature is one flat (B-flat) and the time signature is 4/4. The exercise is divided into three measures per system. The first system starts with a treble staff and a bass staff. The second system starts with a bass staff and a treble staff. The notation includes fingerings (1-4) and fret numbers (0-24). The exercise is marked with a repeat sign at the end of the second system.

1 3 1 3 4 4 1 2 4 1 3 4 1 3 4 2 4 1 2 4 1 2 4

1 2 3 4 5 6 7 8 9 10 11 12 13 14 15 16 17 18 19 20 21 22 23 24

8<sup>va</sup>

4 2 1 4 2 1 4 2 4 3 1 4 3 1 4 2 1 4 4 3 1 3 1

24 22 21 19 17 16 15 14 13 12 11 10 9 8 7 6 5 4 3 2 1 0

Playback

**Sur une corde:**

**Sur la corde de Mi:**

First exercise on the E string. The notation is in 4/4 time, bass clef. The first staff shows a sequence of eighth notes: E2, F2, G2, A2, B2, C3, D3. The second staff shows a sequence of eighth notes: E3, F3, G3, A3, B3, C4, D4. Fingering numbers are written below the notes: 1 3 1 3 4 1 3 for the first staff and 4 1 3 1 2 4 4 for the second staff. The fret numbers are written below the second staff: 0 1 3 5 7 8 10 12 for the first staff and 13 15 17 19 20 22 24 for the second staff.

Second exercise on the E string. The notation is in 4/4 time, bass clef. The first staff shows a sequence of eighth notes: D3, C3, B2, A2, G2, F2, E2. The second staff shows a sequence of eighth notes: D4, C4, B3, A3, G3, F3, E3. Fingering numbers are written below the notes: 4 4 2 1 3 1 4 3 for the first staff and 1 4 3 1 3 1 for the second staff. The fret numbers are written below the second staff: 24 22 20 19 17 15 13 12 for the first staff and 10 8 7 5 3 1 0 for the second staff.

Playback

**Sur la corde de La:**

Third exercise on the A string. The notation is in 4/4 time, bass clef. The first staff shows a sequence of eighth notes: A2, B2, C3, D3, E3, F3, G3. The second staff shows a sequence of eighth notes: A3, B3, C4, D4, E4, F4, G4. Fingering numbers are written below the notes: 1 2 4 1 2 4 1 for the first staff and 3 4 1 3 4 1 3 for the second staff. The fret numbers are written below the second staff: 0 2 3 5 7 8 10 12 for the first staff and 14 15 17 19 20 22 24 for the second staff. An 8va line is indicated above the second staff.

Fourth exercise on the A string. The notation is in 4/4 time, bass clef. The first staff shows a sequence of eighth notes: G3, F3, E3, D3, C3, B2, A2. The second staff shows a sequence of eighth notes: G4, F4, E4, D4, C4, B3, A3. Fingering numbers are written below the notes: 3 1 4 3 1 4 3 1 for the first staff and 4 2 1 4 2 1 for the second staff. The fret numbers are written below the second staff: 24 22 20 19 17 15 14 12 for the first staff and 10 8 7 5 3 2 0 for the second staff. An 8va line is indicated above the second staff.

Playback

### Sur la corde de Ré:

8<sup>va</sup>

1 2 4 1 3 4 1 3 4 1 3 1 2 4

1 2 3 4 5 7 9 10 12 14 15 17 19 21 22 24

4 2 1 3 1 4 3 1 4 3 1 4 2 1

24 22 21 19 17 15 14 12 10 9 7 5 3 2 0

Detailed description: This block contains the first musical exercise on the D string. It consists of two systems of notation. The first system has a top staff in bass clef with a 4/4 time signature, showing a sequence of eighth notes. Below it are two rows of blue numbers: the first row contains '1 2 4 1 3 4 1' and the second row contains '3 4 1 3 1 2 4'. Below these is a third staff with fret numbers: '1 2 3 4 5 7 9 10 12' and '14 15 17 19 21 22 24'. The second system follows a similar pattern with a top staff, blue numbers '4 2 1 3 1 4 3 1' and '4 3 1 4 2 1', and fret numbers '24 22 21 19 17 15 14 12' and '10 9 7 5 3 2 0'. A dashed line with '8<sup>va</sup>' indicates an octave shift between the two systems. The exercise ends with a double bar line and repeat dots.

Playback

### Sur la corde de Sol:

8<sup>va</sup>

1 3 4 1 3 4 1 3 1 2 4 1 2 4

1 2 3 4 5 7 9 10 12 14 16 17 19 21 22 24

4 2 1 4 2 1 3 1 4 3 1 4 3 1

24 22 21 19 17 16 14 12 10 9 7 5 4 2 0

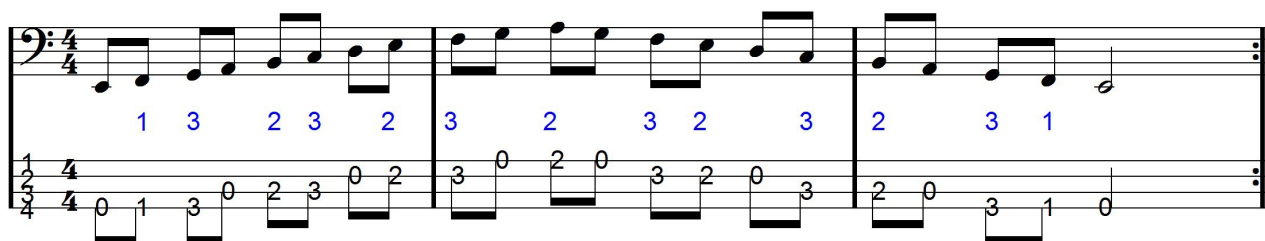
Detailed description: This block contains the second musical exercise on the G string. It follows the same two-system structure as the first exercise. The first system has a top staff in bass clef with a 4/4 time signature, showing a sequence of eighth notes. Below it are two rows of blue numbers: the first row contains '1 3 4 1 3 4 1' and the second row contains '3 1 2 4 1 2 4'. Below these is a third staff with fret numbers: '1 2 3 4 5 7 9 10 12' and '14 16 17 19 21 22 24'. The second system follows a similar pattern with a top staff, blue numbers '4 2 1 4 2 1 3 1' and '4 3 1 4 3 1', and fret numbers '24 22 21 19 17 16 14 12' and '10 9 7 5 4 2 0'. A dashed line with '8<sup>va</sup>' indicates an octave shift between the two systems. The exercise ends with a double bar line and repeat dots.

Playback

### En position:

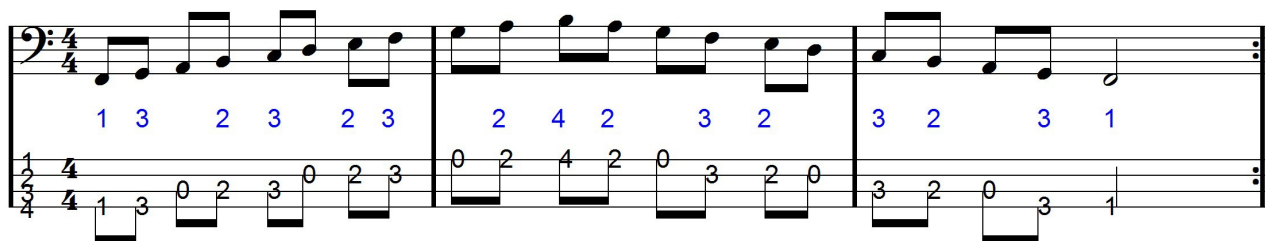
Jouer en position cela signifie que vous jouez la gamme en la commençant par chaque degré, vous attaquez la gamme sur la corde de Mi et vous allez le plus loin possible sur la corde de Sol sans faire de démanchés. La position de la première note que vous jouez correspond au numéro de la position qui est annoncé dans le titre (exemple si vous commencez par la corde à vide vous êtes en position 0, si vous commencez par la case 5 vous êtes en position 5, etc..)

#### Position 0:



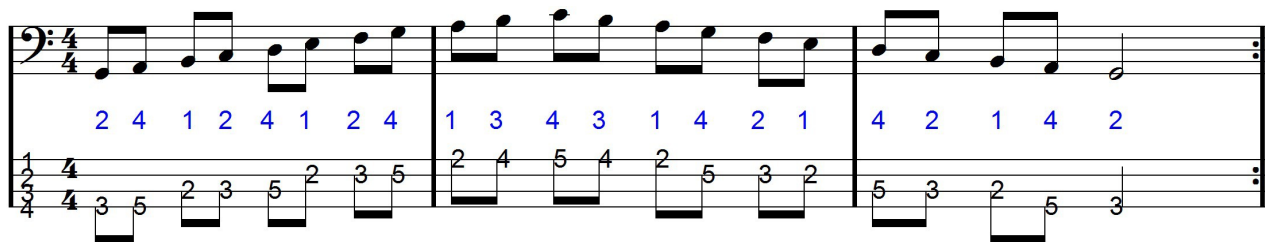
Playback

#### Position 1:



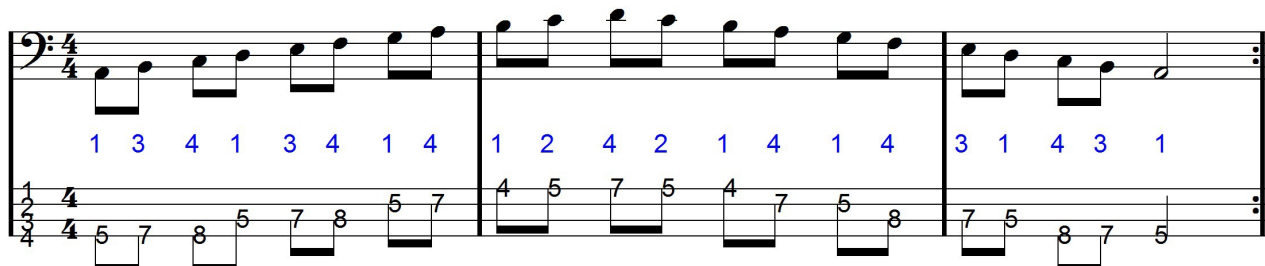
Playback

#### Position 3:



Playback

#### Position 5:



Playback



### Position 13:

8va

2 4 1 3 4 1 3 4 | 1 1 3 1 1 4 3 1 | 4 3 1 4 2

13 15 12 14 15 12 14 15 | 12 14 16 14 12 15 14 12 | 15 14 12 15 13

Playback

### Position 15:

8va

2 4 1 2 4 1 2 4 | 1 3 4 3 1 4 2 1 | 4 2 1 4 2

15 17 14 15 17 14 15 17 | 14 16 17 16 14 17 15 14 | 17 15 14 17 15

Playback

### Position 17:

8va

1 3 4 1 3 4 1 4 | 1 2 4 2 1 4 1 4 | 3 1 4 3 1

17 19 20 17 19 20 17 19 | 16 17 19 17 16 19 17 20 | 19 17 20 19 17

Playback

### Position 19:

8va

1 2 4 1 2 4 1 3 | 4 1 3 1 4 3 1 4 | 2 1 4 2 1

19 20 22 19 20 22 19 21 | 22 19 21 19 22 21 19 22 | 20 19 22 20 19

Playback

### **Position 20:**

8va

2 4 1 2 4 1 3 4 1 3 4 3 1 4 3 1 4 2 1 4 2

1 4 19 20 22 19 21 22 19 21 22 21 19 22 21 19 22 20 19 22 20

Playback

### Jouez des groupes de notes:

Pour jouer des groupes de notes, vous montez la gamme en jouant un certain nombre de notes en partant de chaque degré (exemple pour des groupes de 3 notes: Do Ré Mi / Ré Mi Fa / Fa Sol La / etc.. ) et vous redescendez la gamme sur le même principe (exemple pour des groupes de 3 notes: Do Si La / Si La Sol / La Sol Fa / etc.. ).

### Groupes de 2 notes:

Two musical staves in bass clef, 2/4 time. The first staff shows an ascending scale with fingerings: 2 4 4 1 1 2 2 4. The second staff shows a descending scale with fingerings: 4 3 3 1 1 4 4 2. Both staves have a repeat sign at the end.

Playback

### Groupes de 3 notes:

Two musical staves in bass clef, 2/4 time. The first staff shows an ascending scale with fingerings: 2 4 1 4 1 2 1 2. The second staff shows a descending scale with fingerings: 4 2 4 1 4 1 3 1. Both staves have a repeat sign at the end.

Playback



**Groupe de 4 notes:**

First system of musical notation for a 4-note group exercise. It consists of a single staff in bass clef with a 4/4 time signature. The staff contains four measures of music. Each measure has a group of four notes (quarter notes) and a group of four numbers (fingerings) below it. The notes and fingerings are: Measure 1: G2, A2, B2, C3 (2, 4, 1, 2); Measure 2: D3, E3, F3, G3 (4, 1, 2, 4); Measure 3: A2, B2, C3, D3 (1, 2, 4, 1); Measure 4: E3, F3, G3, A3 (2, 4, 1, 3). The fingerings are written in blue.

Second system of musical notation for a 4-note group exercise. It consists of a single staff in bass clef with a 4/4 time signature. The staff contains four measures of music. Each measure has a group of four notes (quarter notes) and a group of four numbers (fingerings) below it. The notes and fingerings are: Measure 1: B2, C3, D3, E3 (4, 3, 1, 4); Measure 2: F3, G3, A3, B3 (3, 1, 4, 2); Measure 3: C4, D4, E4, F4 (1, 4, 2, 1); Measure 4: G4, A4, B4, C5 (4, 2, 1, 4). The fingerings are written in blue.

[Playback](#)

**Groupe de 5 notes:**

First system of musical notation. The staff is in bass clef with a 12/4 time signature. It contains three measures of music. Below the staff, blue numbers indicate fingerings: 2 4 1 2 4 4 1 2, 4 1 1 2 4 1 3 2, and 4 1 3 4 4 1 3 4. The notes are written as eighth notes, with some beamed together.

Second system of musical notation. The staff is in bass clef with a 12/4 time signature. It contains two measures of music. Below the staff, blue numbers indicate fingerings: 1 1 3 4 1 3 3 4 and 1 3 4 4. The notes are written as eighth notes, with some beamed together.

Third system of musical notation. The staff is in bass clef with a 12/4 time signature. It contains two measures of music. Below the staff, blue numbers indicate fingerings: 4 3 1 4 2 3 1 4 and 2 1 1 4 2 1 4 4. The notes are written as eighth notes, with some beamed together.

Fourth system of musical notation. The staff is in bass clef with a 12/4 time signature. It contains three measures of music. Below the staff, blue numbers indicate fingerings: 2 1 4 2 2 1 4 2, 1 1 4 2 1 4 4 2, and 1 4 2 2. The notes are written as eighth notes, with some beamed together.

Playback

### Groupes de 6 notes:

First system of musical notation. The staff is in bass clef with a 12/4 time signature. It contains three measures of music. The first measure has a sequence of six eighth notes: G2, A2, B2, C3, D3, E3. The second measure has a sequence of six eighth notes: F3, G3, A3, B3, C4, D4. The third measure has a sequence of six eighth notes: E4, F4, G4, A4, B4, C5. Below the staff, the fingerings are indicated by blue numbers: 2 4 1 2 4 1 4 1 for the first measure, 2 4 1 3 1 2 4 1 for the second, and 3 4 2 4 1 3 4 1 for the third.

Second system of musical notation. The staff is in bass clef with a 12/4 time signature. It contains three measures of music. The first measure has a sequence of six eighth notes: D4, E4, F4, G4, A4, B4. The second measure has a sequence of six eighth notes: C5, D5, E5, F5, G5, A5. The third measure has a sequence of six eighth notes: B5, C6, D6, E6, F6, G6. Below the staff, the fingerings are indicated by blue numbers: 4 1 3 4 1 3 1 3 for the first measure, 4 1 3 4 3 4 1 3 for the second, and 1 3 1 for the third.

Third system of musical notation. The staff is in bass clef with a 12/4 time signature. It contains three measures of music. The first measure has a sequence of six eighth notes: A2, B2, C3, D3, E3, F3. The second measure has a sequence of six eighth notes: G3, A3, B3, C4, D4, E4. The third measure has a sequence of six eighth notes: F4, G4, A4, B4, C5, D5. Below the staff, the fingerings are indicated by blue numbers: 4 3 1 4 2 1 3 1 for the first measure, 4 2 1 4 1 4 2 1 for the second, and 4 2 4 2 1 4 2 1 for the third.

Fourth system of musical notation. The staff is in bass clef with a 12/4 time signature. It contains three measures of music. The first measure has a sequence of six eighth notes: E3, F3, G3, A3, B3, C4. The second measure has a sequence of six eighth notes: D4, E4, F4, G4, A4, B4. The third measure has a sequence of six eighth notes: C5, D5, E5, F5, G5, A5. Below the staff, the fingerings are indicated by blue numbers: 2 1 4 2 1 4 1 4 for the first measure, 2 1 4 2 4 2 1 4 for the second, and 3 1 3 for the third.

Playback

**Groupe de 7 notes:**

First system of musical notation. The staff is in bass clef with a 1/4 time signature. The melody consists of eighth notes. The notes are: G2, A2, B2, C3, D3, E3, F3. The fingering sequence is: 2, 4, 1, 2, 4, 1, 3, 4. The first measure contains the first six notes, the second measure contains the last six notes, and the third measure contains the last five notes.

Second system of musical notation. The staff is in bass clef with a 1/4 time signature. The melody consists of eighth notes. The notes are: G2, A2, B2, C3, D3, E3, F3. The fingering sequence is: 3, 4, 1, 3, 4, 1, 3, 4. The first measure contains the first six notes, the second measure contains the last six notes, and the third measure contains the last five notes.

Third system of musical notation. The staff is in bass clef with a 1/4 time signature. The melody consists of eighth notes. The notes are: G2, A2, B2, C3, D3, E3, F3. The fingering sequence is: 4, 3, 1, 4, 3, 1, 4, 3. The first measure contains the first six notes, the second measure contains the last six notes, and the third measure contains the last five notes.

Fourth system of musical notation. The staff is in bass clef with a 1/4 time signature. The melody consists of eighth notes. The notes are: G2, A2, B2, C3, D3, E3, F3. The fingering sequence is: 4, 2, 1, 4, 2, 1, 4, 2. The first measure contains the first six notes, the second measure contains the last six notes, and the third measure contains the last five notes.

Playback

**Alternez le premier degré de la gamme avec chaque degré de la gamme:**

2 2 2 4 2 1 2 2      2 4 2 1 2 3 2 4

1 2 3 4 5 3 2 3 3      3 5 3 2 3 4 3 5

2 4 2 3 2 1 2 4      2 2 2 1 2 4 2 2

1 2 3 5 3 4 3 2 3 5      3 3 3 2 3 5 3 3

Playback

**Alternez l'octave de la gamme avec chaque degré de la gamme:**

4 4 4 3 4 1 4 4      4 2 4 1 4 4 4 2

1 2 3 4 5 3 2 3 5      5 3 5 2 5 5 5 3

4 2 4 4 4 1 4 2      4 4 4 1 4 3 4 4

1 2 3 5 5 2 5 3 5      5 5 5 2 5 4 5 5

Playback

**Alternez chaque degré de la gamme avec un intervalle régulier:**

**En secondes:**

2 4 4 1 1 2 2 4 4 1 1 3 3 4 4  
3 5 5 2 2 3 3 5 5 2 2 4 4 5 5

4 3 3 1 1 4 4 2 2 1 1 4 4 2 2  
5 4 4 2 2 5 5 3 3 2 2 5 5 3 3

Playback

**En tierces:**

2 1 4 2 1 4 2 1 4 3 1 4 1 4 4  
3 2 5 3 2 5 3 2 5 4 2 5 4 7 5

4 1 3 4 1 2 4 1 2 4 1 2 4 1 2  
5 2 4 5 2 3 5 2 3 5 2 3 5 2 3

Playback

**En quartas:**

First system of musical notation for the 'En quartas' exercise. It consists of two staves. The top staff is a bass clef with a key signature of one flat (B-flat) and a 4/4 time signature. The bottom staff is a bass clef with a key signature of one flat (B-flat) and a 4/4 time signature. The first measure of the top staff contains the notes G2, A2, B2, C3, with fingerings 2, 2, 4, 4. The second measure contains the notes D3, E3, F3, G3, with fingerings 1, 1, 2, 3. The third measure contains the notes A3, B3, C4, D4, with fingerings 4, 4, 1, 1. The fourth measure contains the notes E4, F4, G4, A4, with fingerings 3, 3. The first measure of the bottom staff contains the notes G2, A2, B2, C3, with fingerings 1, 2, 3, 4. The second measure contains the notes D3, E3, F3, G3, with fingerings 8, 8, 10, 10. The third measure contains the notes A3, B3, C4, D4, with fingerings 7, 7, 8, 9. The fourth measure contains the notes E4, F4, G4, A4, with fingerings 10, 10, 7, 7. The fifth measure contains the notes B4, C5, D5, E5, with fingerings 9, 9, 10, 10. The sixth measure contains the notes F5, G5, A5, B5, with fingerings 10, 10, 7, 7. The seventh measure contains the notes C6, D6, E6, F6, with fingerings 9, 9, 10, 10. The eighth measure contains the notes G6, A6, B6, C7, with fingerings 10, 10, 7, 7. The system ends with a double bar line.

Playback

**En quintas:**

First system of musical notation for the 'En quintas' exercise. It consists of two staves. The top staff is a bass clef with a key signature of one flat (B-flat) and a 4/4 time signature. The bottom staff is a bass clef with a key signature of one flat (B-flat) and a 4/4 time signature. The first measure of the top staff contains the notes G2, A2, B2, C3, with fingerings 2, 4, 4, 1. The second measure contains the notes D3, E3, F3, G3, with fingerings 1, 1, 3, 2. The third measure contains the notes A3, B3, C4, D4, with fingerings 4, 1, 1, 3. The fourth measure contains the notes E4, F4, G4, A4, with fingerings 3, 3, 4, 4. The first measure of the bottom staff contains the notes G2, A2, B2, C3, with fingerings 1, 2, 3, 4. The second measure contains the notes D3, E3, F3, G3, with fingerings 5, 3, 4, 2. The third measure contains the notes A3, B3, C4, D4, with fingerings 2, 5, 5, 3. The fourth measure contains the notes E4, F4, G4, A4, with fingerings 3, 2, 2, 5. The fifth measure contains the notes B4, C5, D5, E5, with fingerings 5, 3, 3, 5. The sixth measure contains the notes F5, G5, A5, B5, with fingerings 3, 2, 2, 5. The seventh measure contains the notes C6, D6, E6, F6, with fingerings 5, 3, 3, 5. The eighth measure contains the notes G6, A6, B6, C7, with fingerings 3, 2, 2, 5. The system ends with a double bar line.

Playback

**En sixtes:**

2 1 4 3 1 4 2 1 4 3 1 4 1 4 2

8 7 10 9 7 10 8 7 10 9 7 10 9 12 10

4 1 3 4 1 2 4 1 2 4 1 2 4 1 3

5 2 4 5 2 3 5 2 3 5 2 3 5 1 3

Playback

**En septièmes:**

2 3 4 4 1 1 2 3 4 4 1 1 3 3 4

8 9 10 7 7 8 9 10 10 12 12 14 14 15

4 4 3 2 1 1 4 4 3 3 2 1 3

5 5 4 2 2 5 5 3 3 2 1 0 0 3

Playback



**En octaves:**

8va

1 4 1 4 1 4 1 4

1 2 3 4 5 6 7 8 9 10 11 12 13 14 15 16 17 18 19 20 21 22 23 24 25 26 27 28 29 30 31 32 33 34 35 36 37 38 39 40 41 42 43 44 45 46 47 48 49 50 51 52 53 54 55 56 57 58 59 60 61 62 63 64 65 66 67 68 69 70 71 72 73 74 75 76 77 78 79 80 81 82 83 84 85 86 87 88 89 90 91 92 93 94 95 96 97 98 99 100

8va

4 1 4 1 4 1 4 1

1 2 3 4 5 6 7 8 9 10 11 12 13 14 15 16 17 18 19 20 21 22 23 24 25 26 27 28 29 30 31 32 33 34 35 36 37 38 39 40 41 42 43 44 45 46 47 48 49 50 51 52 53 54 55 56 57 58 59 60 61 62 63 64 65 66 67 68 69 70 71 72 73 74 75 76 77 78 79 80 81 82 83 84 85 86 87 88 89 90 91 92 93 94 95 96 97 98 99 100

Playback

**Alternez des intervalles de seconde ascendante avec des intervalles de seconde descendante:**

2 4 1 4 1 2 4 2 4 1 3 1 3 4 4

4 3 1 3 1 4 2 4 2 1 4 1 4 2 2

Playback

**Alternez des intervalles de tierce ascendante avec des intervalles de tierce descendante:**

2 1 2 4 1 4 1 2 4 3 4 1 1 4 2

4 1 4 3 1 2 1 4 2 4 2 1 4 1 2

Playback

**Alternez des intervalles de quarte ascendante avec des intervalles de quarte descendante:**

2 2 4 4 1 1 3 2 4 4 1 1 3 3 4

4 4 2 3 1 1 4 4 2 2 1 1 4 4 2

Playback

**Alternez des intervalles de quinte ascendante avec des intervalles de quinte descendante:**

2 4 1 4 1 3 4 2 4 1 3 1 3 4 4

4 2 1 3 1 4 2 4 2 1 4 1 4 2 2

Playback

**Alternez des intervalles de sixte ascendante avec des intervalles de sixte descendante:**

2 1 3 4 1 4 1 2 4 3 4 1 1 4 2

4 1 4 3 1 2 1 4 2 4 2 1 4 1 3

Playback

**Alternez des intervalles de septième ascendante avec des intervalles de septième descendante:**

2 3 4 4 1 1 3 2 1 1 3 3 1 1 2

4 4 2 3 1 1 4 4 3 3 1 2 3

Playback

**Alternez des intervalles d'octave ascendante avec des intervalles d'octave descendante:**

This musical exercise is written in bass clef with a key signature of one flat (Bb) and a 4/4 time signature. It consists of two systems, each with two staves. The top staff shows the melodic line with fingerings (1, 4, 4, 1, 1, 4, 4, 1) and a dotted line indicating an octave jump. The bottom staff shows the corresponding scale degrees (1, 2, 3, 4, 5, 6, 7, 8, 9, 10, 11, 12, 13, 14, 15, 16, 17) and the notes on a grand staff. The exercise alternates between ascending and descending octave intervals.

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**Pour chaque degré, alternez les intervalles supérieurs et les intervalles inférieurs:**

This musical exercise is written in bass clef with a key signature of one flat (Bb) and a 4/4 time signature. It consists of two systems, each with two staves. The top staff shows the melodic line with fingerings (2, 4, 1, 2, 4, 1, 2, 4) and the bottom staff shows the corresponding scale degrees (2, 3, 4, 5, 6, 7, 8, 9, 10, 11, 12, 13, 14, 15, 16, 17). The exercise alternates between superior and inferior intervals for each degree.

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**Pour chaque degré, alternez les intervalles inférieurs et les intervalles supérieurs:**

The first system of musical exercises is written on a bass clef staff. It consists of four measures. The first measure contains the sequence of notes G4, A4, B4, C5, D5, E5, F5, G5, with fingerings 2, 1, 4, 2, 4, 2, 1, 4 written below. The second measure contains A4, B4, C5, D5, E5, F5, G5, A5, with fingerings 1, 4, 2, 1, 2, 1, 4, 2. The third measure contains B4, C5, D5, E5, F5, G5, A5, B5, with fingerings 4, 2, 1, 4, 1, 4, 3, 1. The fourth measure contains C5, D5, E5, F5, G5, A5, B5, C6, with fingerings 3, 1, 4, 1, 2. The staff is divided into two systems of two measures each, with a repeat sign at the end of the second system.

The second system of musical exercises is written on a bass clef staff. It consists of four measures. The first measure contains the sequence of notes G4, A4, B4, C5, D5, E5, F5, G5, with fingerings 2, 1, 4, 2, 1, 1, 4, 3 written below. The second measure contains A4, B4, C5, D5, E5, F5, G5, A5, with fingerings 1, 4, 3, 1, 4, 2, 1, 4. The third measure contains B4, C5, D5, E5, F5, G5, A5, B5, with fingerings 2, 1, 4, 2, 1, 4, 2, 1. The fourth measure contains C5, D5, E5, F5, G5, A5, B5, C6, with fingerings 4, 2, 1, 4, 2. The staff is divided into two systems of two measures each, with a repeat sign at the end of the second system.

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**Jouez les arpèges correspondants à chaque accord d'une gamme harmonisée:**

**Arpèges à 3 notes dans le sens ascendant:**

C Dmin Emin F G Amin Bmin<sup>b5</sup> C

2 1 4 4 2 1 1 4 3 2 1 4 4 3 1 1 4 3 3 1 4 4 3 1

1 6 8 8 7 10 10 8 7 7 10 9 8 7 10 10 9 7 7 10 9 9 7 10 15 14 12

C Bmin<sup>b5</sup> Amin G F Emin Dmin C

4 3 1 3 1 4 1 4 3 4 3 1 2 1 4 1 4 3 4 2 1 2 1 4

1 2 3 15 14 12 9 7 10 7 10 9 10 9 7 8 7 10 7 10 9 10 8 7 8 7 10

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**Alternez un arpège à 3 notes ascendant et un arpège à 3 notes descendant:**

C Dmin Emin F G Amin Bmin<sup>b5</sup> C

2 1 4 1 2 4 1 4 3 4 1 2 4 3 1 3 4 1 3 1 4 4 1 2

T 6 8 8 7 10 7 8 10 7 10 9 10 7 8 10 9 7 9 10 7 9 10 7 9 10 12 9 10

C Bmin<sup>b5</sup> Amin G F Emin Dmin C

2 1 4 4 1 3 1 4 3 1 3 4 2 1 4 3 4 1 4 2 1 4 1 2

T 10 9 12 10 7 9 7 10 9 7 9 10 8 7 10 9 10 7 10 8 7 10 7 8

Playback

Arpèges à 4 notes dans le sens ascendant:

The musical score displays 16 ascending 4-note arpeggios for bass guitar, organized into four systems of four measures each. The chords and their corresponding fret sequences are as follows:

- System 1:**
  - Cmaj7: 2 1 4 3
  - Dmin7: 4 2 1 4
  - Emin7: 1 4 3 1
  - Fmaj7: 2 1 4 3
- System 2:**
  - G7: 4 3 1 4
  - Amin7: 1 4 3 1
  - Bmin7b5: 3 1 4 3
  - Cmaj7: 2 1 4 3
- System 3:**
  - Cmaj7: 2 1 4 3
  - Bmin7b5: 3 1 4 3
  - Amin7: 1 4 3 1
  - G7: 4 3 1 4
- System 4:**
  - Fmaj7: 2 1 4 3
  - Emin7: 1 4 3 1
  - Dmin7: 4 2 1 4
  - Cmaj7: 2 1 4 3

Playback



**Alternez un arpège à 4 notes ascendant et un arpège à 4 notes descendant:**

**Cmaj<sup>7</sup>**      **Dmin<sup>7</sup>**      **Emin<sup>7</sup>**      **Fmaj<sup>7</sup>**

**G<sup>7</sup>**      **Amin<sup>7</sup>**      **Bmin<sup>7b5</sup>**      **Cmaj<sup>7</sup>**

**Cmaj<sup>7</sup>**      **Bmin<sup>7b5</sup>**      **Amin<sup>7</sup>**      **G<sup>7</sup>**

**Fmaj<sup>7</sup>**      **Emin<sup>7</sup>**      **Dmin<sup>7</sup>**      **Cmaj<sup>7</sup>**

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### **Conclusion:**

Comme vous le voyez les possibilités sont nombreuses, il y a vraiment de quoi s'occuper.

Si vous souhaitez vous perfectionner dans l'étude des gammes, voici quelques méthodes vendues sur internet que je vous conseille:

[Les gammes pentatoniques à la basse méthode + CD](#)

[Théorie et solfège document pdf](#)

[La gamme majeure document pdf](#)

[La gamme blues document pdf](#)

[La gamme pentatonique mineure document pdf](#)

[La gamme pentatonique majeure document pdf](#)

[Improvisation à la basse avec les gammes pentatoniques document pdf](#)

N'hésitez pas à me donner votre avis sur la question et à me dire ce que vous pensez de ce dossier.

Pour cela vous pouvez joindre l'auteur de ce dossier en cliquant sur le lien suivant:

<http://www.manucoursdebasse.com/contacts.html>